

Camp Fire resources for emotional support

Butte County Behavioral Health and Help 211 are referring people to this helpline.

The Disaster Distress Helpline

A 24/7, 365-day-a-year, national hotline dedicated to providing immediate crisis counseling for people who are experiencing emotional distress related to any natural or human-caused disaster. This toll-free, multilingual, and confidential crisis support service is available to all residents in the United States and its territories. Stress, anxiety, and other depression-like symptoms are common reactions after a disaster. Call **1.800.985.5990** or text TalkWithUs to **66746** to connect with a trained crisis counselor.

Here are some general resources we have so far.

Butte County Behavioral Health Crisis and Suicide Prevention Lines

Available 24 hours a day, 7 days a week. *(These are the usual crisis numbers which might be helpful. This team is also checking in on individuals living at the shelters.)*

- Crisis Line: 800.334.6622 or 530.891.2810
- The Trevor Line: 866.488.7386. The Trevor Lifeline connects lesbian, gay, bisexual, transgender, questioning (LGBTQ) young persons to a suicide prevention and counseling phone line with access to trained counselors 24/7.
- The Friendship Line: 800.971.0016. The Friendship Line for Older Adults, Ages 60+ or Family and Friends. A crisis intervention, support, and resource line for older adults
- National Suicide Prevention Lifeline 1.800.273.TALK (8255)
- Veterans Crisis Line 1.800.273.8255 (press 1)
- The North Valley Talk Line: 855.582.5554. Available 4:30pm to 9:30pm, 7 days a week. The Northern Valley Talk Line, provided by Northern Valley Catholic Social Services (NVCSS), is a non-crisis warm line offering peer to peer support, compassionate listening, and county-wide resource referrals. Callers that are in crisis or that are at risk of harm to themselves or others are referred to crisis services.
- California Hope Helpline, 530-966-7382. Provides support for the physical, emotional, cognitive and behavioral event reactions to fires and disasters. Connects people impacted by fire disaster with mental health professionals.

Butte County Walk-In Services (Outpatient Behavioral Health) Available 8:00am to 11:00pm, 7 days a week including holidays. 560 Cohasset Rd. Ste. 180, Chico, CA 95926

Enloe Behavioral Health provides inpatient psychiatric mental health to help with crisis. Call 530-332-5250, 24/7, for more information.

Butte College *(for Butte College students and staff)*

Wednesday, Nov. 14, through Friday, Nov. 16, the Chico Center (2320 Forest Ave., Chico) will be open from 9 a.m. to 1 p.m. They have a variety of support services for students, including counselors, Financial Aid staff, a food pantry and “many other resources.” Call (530) 895-2511. <http://butte.edu/campfire-message.html>

CSU Chico *(for CSU Chico students and staff)*

The University is planning to establish a care center in the Bell Memorial Union Auditorium starting Monday, Nov. 19 to connect **students and employees** with on- and off-campus services, including counseling, insurance assistance, academic advising, and human resources support. More details will be forthcoming... Lastly, the Wildcats Rise Facebook group is a place where campus community members can offer and find support for immediate and long-term needs, such as housing, transportation, textbooks, and other resources.

<https://today.csuchico.edu/csuc-chico-rises-to-support-campus-and-greater-community-directly-impacted-by-the-camp-fire/>

Disability Action Center Hours (*Serving People with Disabilities in Northern California*)

Chico: 1161 East Avenue, (530) 893-8527

Monday – Friday 8 AM – 5 PM [Closed daily for staff lunch from 12-1 PM]

(Staff observes most major holidays.)

Helping Children After a Natural Disaster: Information for Families and Educators

<http://www.nasponline.org/resources-and-publications/resources/school-safety-and-crisis/natural-disaster>

NAMI for Butte County

No leads at this time, but they are having a board meeting tonight and she will call me with more info.

Shalom Free Clinic

Mental healthcare every Sunday from 1:00 PM – 4:00 PM. First Christian Church, 295 E. Washington Ave. Chico, CA 95928.

For those with insurance, check to see what resources are available. Health insurance providers are starting to post phone numbers to call for support. Here are a few:

California Health and Wellness

(for more info, go to https://www.cahealthwellness.com/newsroom/Butte_Fire.html)

CHW members who have lost their homes or have been evacuated due to the current wildfire should contact CHW for referrals to mental health counselors, local resources or telephonic consultations to help them cope with stress, grief, loss or other trauma resulting from the fire. For the duration of the fire and its immediate aftermath, affected CHW members should call 1-877-658-0305.

Health Net (for more info, go to <https://www.businesswire.com/news/home/20181109005604/en/Health-Net-assistance-Camp-Fire-evacuees-Butte>)

Health Net members who have lost their homes or have been evacuated due to the current wildfire should contact MHN, Health Net's behavioral health subsidiary, for referrals to mental health counselors, local resources or telephonic consultations to help them cope with stress, grief, loss or other trauma resulting from the fire. For the duration of the fire and its immediate aftermath, affected Health Net members should contact MHN 24 hours a day, seven days a week at 1-800-227-1060.

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